

CONSUMMATE LOVE VALUED BY STERNBERG'S TRIANGULAR OF LOVE REFLECTED IN "SUNRISE IN HEAVEN" (2019) MOVIE: PSYCHOLOGICAL APPROACH

Galuh Virginia Elhamsyah¹

Universitas Putera Batam (UPB), Batam, Indonesia
e-mail: Pb191210009@upbatam.ac.id

Gaguk Rudianto²

Universitas Putera Batam (UPB), Batam, Indonesia
E-mail : Gaguk@puterabatam.ac.id

Abstract

This study aims to explain and analyze the phenomenon of love proposed by an expert Robert J Sternberg to the main characters in the film Sunrise in Heaven (2019). This research is a type of qualitative descriptive research, and the data source taken is the film Sunrise in Heaven (2019). This film is based on Jan Hurst's true-story novel entitled "His Sunrise, My Sunset," which she wrote herself. This story tells about Jan Nichols' love journey with her husband, Steve Hurst. The researcher found that the love story of the main characters, Steve and Jan, reflects the type of consummate love created by Robert J. Sternberg. Steve and Jan were able to represent the elements of Passion, Intimacy, and Decision/Commitment in their love journey. A love story that at first was not approved by Jan's father, but with the strength of their love, they can prove that their love is eternal until they are parted by death.

Keywords: *Consummate love, Decision/Commitment, Intimacy, Passion, Triangular theory of love*

1. INTRODUCTION

Literary is one of the textual expressions of human ideas (Ratna, 2008). Literature, as a written work, possesses several excellent attributes, including creativity, artistry, beauty in subject, and expression. Literary works are formed from the expression of long-existing soul experiences and go through a process of digesting the soul in depth via contemplation. One of the psychological features of humans is their feelings, one of which is love. Because studying love is like studying a form of the soul and by employing a psychological perspective, literary works might be brought closer together. The psychological method explores the

motivations of the characters and the symbolic significance of events, whereas biographers speculate on the writer's motivation (Virginia & Satria, 2022). As a science, psychology has a special place to discuss how love works. Love helps us overcome our feelings of isolation from other people and boosts our confidence. Love is a pattern of an interaction connection between humans themselves, as social creatures, where communication serves as the link. Love is something that every human being feels naturally, and humans are social animals with the urge to form connections with others. Every human person, whether they are children, teens, parents, or both men and women, has the

right to feel loved. Relationships that are not founded on love make it more difficult to feel healthy and happy, as well as generate emotions of loneliness. People frequently feel lonely and want companionship or the presence of other people in their life. Humans understand that they are individuals who are alone; hence, they understand that pleasure is dependent on being with other people. This demonstrates how crucial love is to every human being.

Talking about love, one of the experts who discussed it is Robert J Sternberg, an American professor and psychologist from Cornell University. Robert J. Sternberg is well-known for his Triangular of Love hypothesis. Sternberg's triangular love hypothesis defines love as having three components: intimacy, passion, and commitment (Sternberg, 1986). These three components then divide love into several types. If one of the three mentioned components is missing, it can be a sign of a lack of love in a relationship. Intimacy is a component of love that relates to closeness, connection, and emotional attachment to a partner. leads to romance, as well as physical and sexual attraction in relationships, is referred to as passion. The decision/comment component is concerned with a person's feelings about remaining with a partner and working toward a common goal. A person's decision to love a partner is the result of a decision. Meanwhile, commitment refers to a long-term commitment to keep love alive in a relationship.

These three elements, which are the "heart" of a love relationship, can have an effect, such as giving each other attention, caring for each other, sharing ideas and information, feeling needed, finding interesting things together, making beautiful memories together, helping each other, and deeply sharing

feelings. As a result, Sternberg reasoned that when a person falls in love, he will experience sensations, ideas, and wants that might lead to the sensation of loving someone. Each component has a varied degree for everyone. Some people have a lot of intimacy but little commitment. In the early phases of a relationship, for example, intimacy/closeness is the most important factor. After intimacy, greater passion (in some cultures) is followed by greater commitment, such as through marriage. Meanwhile, Ideal love occurs when the three components are fulfilled (Acker & Davis, 1992).

One of the phenomena of ideal love can be seen in Barack Obama. The former president of the United States exemplified perfect love. Barack Obama has not just left a political trail for his nation throughout his eight years as President of the United States. The love story of this guy, Barack Hussein Obama, and his wife, Michelle, is also well-known. Not only for US citizens, but for many others from all around the world. In 1992, Michelle LaVaughn Robinson Obama married Barack Obama. They have two daughters now. Between the two, there is always an air of intimacy. Kisses, embraces, holding hands, or just warm glances are captured on camera. Barack Obama did not hesitate to share his photo with Michelle during his presidency. Even though they know there will always be eyes on him, they never hesitate to demonstrate affection for each other. However, the two of them always leave a nice image that is far from pretentious, therefore their love story inspires many other couples. Barack Obama did not forget to thank Michelle at his final speech as president. He referred to Michelle's physique as not just his wife, but also a buddy. They met and fell in love while

they were both young attorneys. The Obamas have departed the White House, but the love story of Barack and Michelle Obama will live on (Salaky, 2018).

The mirror of eternal love was also demonstrated by Indonesia's third President, Habibie. Habibie was recognized as a clever, charming, and devoted man during his lifetime. It's no longer a mystery that RI Technology's father was a romantic who adored his late wife, Hasri Ainun Besari. The allure of courting compelled Habibie to propose to Ainun and marry her on May 12, 1962, in Bandung. There is no doubt about the strength of love between Habibie and Ainun; they can both support one other and help each other through difficult situations. Even though Ainun was condemned to death by a doctor for having ovarian cancer at the time. Habibie became depressed after Ainun's departure, and he got advice from the doctor who treated him on how to deal with his despair, one of which was to compose a personal note. Habibie also authored a novel on his feelings for Ainun. The third Indonesian President's condition improved after he wrote his account, and he was eventually able to accept his wife's departure. After a protracted fight to exist without his wife, Habibie died his last on Wednesday, September 11, 2019, at 18.05 p.m., following Ainun in eternity. The two's love story, as detailed in the book, which has inspired many people for more than 40 years, was also adapted into a film titled *Habibie & Ainun* (2012) (Perwitasari, 2019).

When it comes to film or cinema, it is now a method of communication in which messages are delivered through visual and aural aspects. These two parts are united to establish a medium for the transmission of a message and information in the form of entertainment, education, social, and

business. Films that are now under production are regarded as works that symbolize the spirit of progress today, with difficulties that are frequently encountered, so that the scenes in the film can bring enjoyment, contemplation, and reflection for the viewer. The world of cinema has grown and developed at a breakneck pace. This is by the presence of many story genres raised in the film. These genres include youth stories, social life, horror, religious stories, and even comedy. It is usual in the film business for literary works to be turned into well-known novels and subsequently adapted to the big screen, particularly literary works that talk about the main character's love story. One of the examples is Jan Hurst's novel *His Sunrise My Sunset* was made into a film. This work was later adapted for the big screen as *Sunrise in Heaven* (2019). This novel is based on the actual story of Jan Hurst, who began her love life with her husband. Jan Hurst is the son of a very traditional and protective army officer's father. Jan, who works as a waitress in an army barracks, encounters a man who has feelings for her. Jan first disregarded the man's kind treatment, but eventually softened and acknowledged the man's affection. Her father, who was quite particular about Jan's education, also did not want his only daughter to marry a soldier. Jan's father did not approve of their love story, however Jan's mother did. Jan's father waited a long time before giving up his tiny daughter to marry the soldier. They have two children as well. Their love story, which Jan's father initially questioned, might endure until they died. Until, towards the end, Jan and her husband were in a car accident, which resulted in her spouse's death while she survived. The mirror of their love may withstand powerful enough

shocks, endure tough circumstances, and teach what it means to surrender to God until they are finally separated by death. Jan's love grew stronger when her husband departed, and she was certain that all of God's intentions for her were wonderful. Jan's trust in God was strengthened by her husband's leaving because of God's enormous love for His people.

Several earlier studies on love have used the triangle theory as a foundation for their discussion. The function of the literature review is to locate the location of the research topic to be carried out by researchers among researchers who have done it before and to ensure that the title of the researcher to be studied has never been researched before, so that the research to be carried out avoids publication. These prior studies are intended to supplement current research studies, act as supplementary reference material, and provide insight into the triangle theory of love itself. Agis Maharani conducted the initial study (Maharani, 2022). The purpose of this research is to uncover the phenomena of love as portrayed by the primary characters. This research employs Sternberg's love triangle hypothesis, as seen in the film *Pride & Prejudice*. The qualitative descriptive approach is used in this investigation. According to the findings of this study, the major characters, Elizabeth, and Mr. Darcy, choose four sorts of love: liking, passionate love, companionate love, and eternal love. The findings of this study also explain whether someone may experience many sorts of love at the same time. According to this study, true love may be achieved if both parties can be themselves and have genuine affections for one other.

The second study done by (Agusetyaningrum & Suryadi, 2022). also discusses the image of triangle love

as it appears in song lyrics. This article looks at the romantic aspects of the songs "*Jangan Berhenti Mencintaiku*" by Titi Dj and "*Kali Kedua*" by Raisa Andriana. The goal of this research is to identify the elements and varieties of love reflected in the lyrics of the songs "*Jangan Berhenti Mencintaiku*" by Titi Dj and "*Kali Kedua*" by Raisa. This research employs a qualitative descriptive analytical approach, which allows the writer to more easily perceive the phenomena that occur in song lyrics, particularly the romantic component. This research employs Robert Sternberg's love triangle theory. The discussion findings suggest that the lyrics of Titi Dj's 1999 song "*Jangan Berhenti Mencintaiku*" include features of romance, love, intimacy, and commitment, which are components of love according to Robert Sternberg's Love Triangle theory. Meanwhile, the lyrics to Raisa Andriana's 2016 song "*Kali Kedua*" feature romantic elements of love, closeness, and passion. As a result, the old song "*Jangan Berhenti Mencintaiku*" and the new song "*Kali Kedua*" have contrasting features of romanticism. The verses in the songs' lyrics demonstrate the romantic nature of the two songs' love.

The source of the data differs between the two prior studies and the current investigation. The first study obtained research data from the film *Pride and Prejudice*, the second study obtained research data from the song lyrics of two famous Indonesian singers, and the current study obtained research data from the film *Sunrise in Heaven*, which was adapted from the novel *His Sunrise, My Sunset*. The method of study adopted, specifically the love triangle hypothesis of professor and psychologist Robert J. Sternberg, is related to the parallels between prior research and present research. The

researcher is really interested in discussing about love in film “Sunrise in Heaven” (2019), revealing psychological aspect especially love because love is one of the most important basic components in literature history and talking about love will reveal any aspects of human lives.

2. LITERATURE REVIEW

2.1 Intimacy

In a relationship, intimacy is a sensation that fosters closeness, attachment, and connection, in other words, intimacy suggests an element of affection that motivates individuals to always maintain emotional closeness with their loved ones (Sternberg 1986). Intimacy also includes an element of affection, which pushes people to maintain emotional connection with the people they care about. When the duration of a married relationship between spouses increases, so does intimacy. This could be due to the closeness of couples who are getting better with age, trusting each other, being open to each other, sharing, and supporting each other in order to build a much stronger relationship in the future (Muloko et al., 2020). The ability of couples to channel intimacy with each other and openly express their feelings and thoughts is closely tied to the high level of intimation between partners and a strong commitment to be together (Overbeek et al., 2007).

Research has shown other literary studies that also investigate the indication of intimacy done by (Syafitri & Sidabutar, 2020). The subject of this qualitative and descriptive study is novels. *I Am Sarahza* is the title of the novel that was used. The theory used is also

the same as in the current study, namely Robert Sternberg’s theory of a love triangle. This study explains whether Rangga, the husband, still tried to help his wife in the face of all the current circumstances. Hanum, Rangga’s wife, is having problems having children. Rangga and Hanum have both tried hard to have children, but only God has not longed for it. The condition will not disrupt their relationship; they continue to communicate openly, share their feelings, and support one another. Rangga truly understood his wife’s sentiments and conditions as she missed the kid, and Rangga continued to support and be with his wife in any situation that arose. Rangga’s handling of Hanum keeps Hanum enthusiastic about dealing with all their household’s problems. They are both convinced that God has a wonderful purpose for their lives.

2.2 Passion

If someone already feels that the relationship has an intimate component, the next stage is passion or desire. In a love connection, passion is essential. Desire includes a strong yearning for loved ones. Passion is a psychological factor that drives a person to desire to be physically near to their partner, to enjoy or experience physical touch, or to have intercourse with them (Sternberg, 1986). Sexual demands are one of the most significant factors in ensuring the duration and integrity of love. One of the most important parts of the passion component is physical interest in couples, which leads to sex. In terms of sexual desire, age is a significant factor. Age influences sexual desire in men due to age

factor such as decreasing testosterone hormone, prolactin hormone, luteinizing hormone, follicle stimulating hormone, growth hormone, comorbidity, and high stress level (Putong, 2014).

One of the investigations undertaken by (Zaluku & Manugeran, 2020). contains the notion of recognizing the element of passion proposed by Robert Sternberg. The researcher investigates facets of love, one of which is passion, in this study. If You Forget Me, a poem by Pablo Neruda, is used in this research. According to the findings of this study, the passion factor may be seen in the poem If You Forget Me in the second stanza, when Neruda constantly thinks about his girlfriend. In his poem, Neruda emphasized that if his lover still wanted to remain with him forever, he would not leave and would continue his connection with her indefinitely. Neruda might love his lover if his beloved equally loved him, and Neruda would sincerely love his lover, according to his poetry. A section in Neruda's poem that states "With implacable sweetness" expresses his thoughts on desire. Neruda also claimed that he was very thrilled when his soul mate constantly shouted his name, which was represented in a piece of his poetry articulated via love lines, saying "If each day a flower climbs up to your lips to seek me." Neruda also stated that if his partner continues to love him, his love will never fade and will always be present, and he will remember her till the end of his life. Neruda compared "fire" to his pure love to express his love.

2.3 Commitment

The final component is commitment/decision. This component of commitment is the couple's decision to love while also surviving. At this point, the couple decides to stay with their loved ones (Sternberg, 1986). Commitment may be defined as sustaining the connection for it to last, paying attention from both sides, doing whatever to keep the relationship from being destroyed, and repairing when the relationship is not good. There is something intriguing about the component of commitment in a relationship. According to one study, when couples have the same religion, their relationship tends to continue longer. Religion has a significant impact on couples' long-term dedication to their relationship. This study demonstrates the role of religion in the success of a relationship (Cassepp-Borges, 2021). To keep the present love, a mature love relationship needs a mature commitment. This may be accomplished through analyzing current life and being effective in picking a life mate. Commitment based on trust and resolve to unite, which is based on maturity between persons and being conscious of their beliefs, is essential between partners in developing a long-term relationship. Commitment based on maturity may be shown in partners mutually supporting one other rather than taking personal advantage of each other and highlighting the necessity of communication in developing a partnership (Hedayati, 2020).

Speaking about commitment in a relationship, various literary studies have been conducted that examine the component of commitment within the context of Sternberg's triangle of love (Eka Yuniar & Azis, 2020). This is a qualitative description study. The

research object is Jasmine Gallory's novel *The Proposal*. The main protagonists in this tale are in love. The narrative of the application tragedy between Nikole and Fisher characters in front of thousands of people, which ended unexpectedly. After the catastrophe revealed her animosity, Nikole, the main character, sought to forget about it and live happily with her pals. According to this study, Nik demonstrated the component of commitment against Carlos. Nik had decided to love Carlos for a long time; she had not realized it previously since she was worried about her prior love for her ex, which made her unbelievable in love. She realized she loved Carlos more than she had previously assumed. She wants to hug him; she wants it to be more than simply a friendship, but an intimate one. As stated in the decision component or commitment, Nik displays her emotions of love for Carlos and wants to live with him in a long-term partnership. It also demonstrates Nik's genuine feelings for Carlos.

2.4 Consummate Love

There are three components to this perfect love type: intimacy, passion, and decision/commitment (Sternberg, 1986). This is referred to as "ideal love" since it includes or fulfills all three components. According to (Sternberg, 1986), obtaining or maintaining this form of love is similar to losing weight in that it is simple to achieve but difficult to sustain. As a result, creating and keeping this form of love is challenging. True love necessitates the three components of passion, intimacy, and commitment. The capacity of partners to communicate private thoughts and feelings with each other and aid each other, especially while

confronting a difficulty, is directly connected to the level of intimacy and commitment. The capacity to spend time with someone is intimately tied to intimacy and passion. Sex and kissing are also frequently connected with passion (Overbeek et al., 2007).

3. RESEARCH METHOD

This study takes the form of qualitative research using descriptive analytical approaches. Qualitative descriptive research is a study that derives its findings from views, replies, or someone's observations, such that the discussion takes the form of word descriptions as well as scientific logic-based analysis of the observed occurrences (Creswell, 2014). This study also employs literature research, a way of gathering library data in the form of books, journals, periodicals, newspapers, and other publications to acquire research material for use in content analysis methodologies. The researchers' first step in gathering data is to carefully watch the film *Sunrise in Heaven*. Following that, the researcher attempts to highlight or write down all interactions or dialogues that feature aspects associated to triangular love, such as passion, intimacy, or decision or commitment factors. The researcher then categorizes each piece of data according to the aspects of the triangle of Love, Intimacy, Passion, and Decision/Commitment factors, which finally direct this element to the form of Consummate love. The subject of this study was the phenomenon of consummate love valued by triangular theory of love. To respond to the object, the researcher uses Robert Sternberg's triangle theory of love. The researcher obtained the data for this study from "*Sunrise in Heaven*" (2019) Movie.

4. RESULT AND DISCUSSION

4.1 Passion

The passion component refers to the urges that contribute to romance, physical attraction, sexual consumption, and feelings in a romantic relationship (Sternberg, 1986). Steve demonstrated one of the occurrences of the passion element to the girl he likes, Jan Hurst. Steve mentioned Jan's hair throughout this talk. They've met twice before. Steve didn't say anything about his physical attraction to Jan during the first encounter, but on the second meeting, he gained the bravery to tell what he admired about Jan that he truly liked Jan's hair. Even though Jan didn't instantly melt, she did say "very funny," but Steve stayed firm in his expression of his affection for her. Steve had also stated that he admired Jan's eyes.

I like your hair. I can just tell you have nice hair. (12:38-12:43)

Steve and Jan both have a strong sense of passion. Jan didn't really respond to Steve's assertion of interest in him at first, but with time, she grew to feel the same way Steve felt. During this talk, Jan was questioned if she loved Steve by a girlfriend called Julie. Jan did not ~~immediately~~ respond to the question and attempted to steer the conversation in another direction. Jan's girlfriend, on the other hand, constantly asking if she liked Steve and if Jan thought Steve was cute. Jan sheepishly agreed, thinking Steve was cute. Physical attraction is one of the characteristics of love proposed by Robert J. Sternberg, namely passion. Passion is also a physiological factor that leads a person to desire to be physically near, enjoy or experience physical touch, or have sexual encounters with their life partner (Sternberg, 1986).

Jan: Some people might say he's handsome in the right light when he's in uniform Julie: So, do you think he's cute?

Jan: Okay, fine yes. I think he's somewhat cute, okay? (13:53-14:03)

4.2 Intimacy

Steve mentioned that he was drawn to Jan. Steve invited Jan out to dinner on another occasion. "Would you like to go out with me?" "Can I take you to the movies?" "Can we go for a walk?" he said. It was difficult for Steve to ask Jan out since Jan did not instantly accept Steve's offer, and Jan's father did not want his only daughter to date a member of the military there. It took several attempts before Jan decided to go out with Steve. Jan lied to her father about wanting to see a movie alone with her friend Julie. "I'm going to the movies with Julie," Jan explained to her parents. Steve wanted to get to know Jan better, and he wasn't interested in spending his first date with Jan watching a movie. He'd rather just hang and talk. He wanted to spend time with Jan, joke about, and feel Jan's presence alongside him even more deeply. Spending time together indicates an intimate moment in a relationship. Steve wishes to form an emotional bond with Jan, who becomes the woman he loves.

"I just wanna get to know you. look, I just think you're beautiful and cute and I just wanna spend time with you" (22:40-23:00)

Jan also depicts a moment of intimacy in this scenario. Jan, who has fallen in love with Steve, wishes to remain with him indefinitely. Steve was now transferred overseas, specifically to Omaha, Nebraska, to accompany the

generals. Steve will be part of the elite Guard at Strategic Air Command and he will guard general. Jan is proud of Steve but at the same time she worries about her relationship. "But what does it mean for us?" asked Jan.

"I may be gone for a long time; that is why I want to talk to you," Steve explained. Jan was worried that her relationship with Steve would end because they couldn't see each other again. Jan desired to constantly be aware of Steve's presence, to feel his affection, and to build an even closer link with Steve. She didn't want her relationship and her emotional bonding with Steve to end so abruptly.

Jan: "Why, I love you"

Steve: "That's exactly why"

Jan: "You want to break up with me because I love you?" Steve: "Break up? No" (58:00 - 58:09)

4.3 Commitment

Steve and Jan's love relationship is founded not just on physical attraction and sentiments of affection for one another, but also on their commitment to live together in marriage. This is demonstrated by Steve's desire to marry Jan. This scenario takes place at night in an automobile. Steve stated that he would be transferred abroad specifically, Omaha, Nebraska to guard generals, and that he wished to marry Jan before being transferred. Jan was shocked by Steve's seriousness in proposing to her after first believing that he would stop end relationship. Jan stated that he needed her father's approval before marrying her. "I want you to get my father's blessing," Jan explained.

"I want to marry you before I got transferred" (58:14)

The reflection of the commitment that was built in the relationship between Steve and Jan was also proven not only between the two of them but also towards Jan's parents, especially Jan's father. In this scene, Steve proves the seriousness of his love for Jan by having the courage to ask for his father's blessing. Steve knew that Jan's father did not approve of their relationship, but his love for Jan was too strong. Jan's father doesn't want his daughter to marry Steve. He tells Steve that it's easy to love any woman he sees, and when he moves on, Jan will forget him. Everything Steve is about to do is to push away Steve from Jan. Steve could just socialize outside and find his new love. But this was denied by Steve, he seriously loves Jan, wants to live with her, and wants to marry her. Until finally, after a complicated conflict, Jan's father, Nichols, finally gave his blessing to his daughter's relationship with Steve.

Steve: "Chief Nichols"

Nichols: "What?"

Steve: "I am here to ask for your blessing to marry your daughter" Nichols: "Oh, is that right?"

Steve: "Yes Sir!" (1:02:56 - 1:03:04)

4.4 Consummate Love

Consummate love is a combination of passion, intimacy, and decision/commitment (Sternberg, 1986). After passing through the phases of cherishing one other, loving each other, and being resolved to live together, the moment arrived for the two of them to make a marriage pledge. Steve and Jan chose to marry after gaining the blessing of Jan's parents, particularly her father. It was not easy for Steve to obtain Jan's father's blessing, but with his dedication, prayer, and God's blessing, Steve was able to obtain Jan's

father's blessing. Steve demonstrates his commitment for Jan and Jan's family by not playing with his feelings for Jan. Steve and Jan swore to live together in good times and bad, in wealth and in scarcity, in sickness and in health, to love and cherish each other till they are parted by death.

Steve: I, Steve Hurst. Take you Jan Nichols to be my wife, to have and to hold from this day forward, for better for worse, for richer for poorer, in sickness and in health, to love and to cherish until we are parted by death.

Jan: I, Jan Nichols. Take you Steve Hurst to be my husband, to have and to hold from this day forward, for better for worse, for richer for poorer, in sickness and in health, to love and to cherish until we are parted by death. (1:19:37 – 1:20-45)

Even after decades of living together, Steve and Jan's love has not diminished. They grew up loving one other, married, had children, and lived together until death did them part. Steve and Jan were in a car accident that killed Steve, but Jan survived. In this scene, the pastor who blessed Steve and Jan's wedding at the church is the old man in the blue shirt. Steve and Jan's two adult daughters can also be seen grieving at their father's death. Jan says to her daughters that her dad is with God now and kissing her husband for the last time. Jan sincerely let go her husband, her other half, to leave her and her children and rest in paradise with God. Even though this incident was difficult for Jan, she believes God always has the best plan and the greatest plan for her life and her family. This experience

even strengthened Jan's faith in God.

He's with God now (1:22:12)

5. CONCLUSION

True love, or consummate love, is a well-balanced blend of the components of passion, intimacy, and decision/commitment. Although there is no certainty that this style of connection will endure, it is more hopeful than other types of relationships. Many people wish to experience this type of love. True love can be sustained based on how their relationship and the scenario or state of their surroundings support it. The three components of love introduced by Robert Stenberg, namely Passion, Intimacy, and Decision/Commitment, are clearly reflected in Jan Hurst and Steve's love story. The love story, which was first forbidden by Jan's father, was not an impediment for the two of them. Jan and Steve came to enjoy each other, expressed interest, and cared for each other, chose to make a marriage commitment, had two children, and grew old together until death separated them, classifying their love as consummate love. They demonstrate that their love is eternal till death separates them. The researcher also expects that this research may be used as a reference for the future development of literature, particularly on the issue of love, which employs the triangular theory of love.

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